



# Your chance to cook with The Three Sisters...!

**Ever wondered how to achieve the myriad of flavours and combinations which are so unique to Indian food?**

This experience offers you a unique opportunity to share first hand in the many years of experience and knowledge gained by the authors of the celebrated cookbook, *The Three Sisters!*

This one day course is designed with you in mind, either as a novice creator of Indian cuisine or as a long standing enthusiast of delectable Indian recipes. By the end of the day you will be cooking with the confidence to create a complete and authentic Indian meal from fresh ingredients.

This day has been designed to be as flexible as possible; to cater for a variety of interests and tastes and can be specifically tailored on the day to suit particular curiosities.

## Typical Itinerary

**9.00 Arrival** - Join us for an informal and relaxed breakfast with other like minded people who share your curiosity to learn something new, but all united by a love of authentic Indian food.

Following an introduction by the Three Sisters, the morning will equip you with a step by step guide on how to choose, blend and prepare spices to make the perfect marinades. We will be there to demonstrate the best technique, answer your questions and pass on handy hints and tips.

**12.30** - Enjoy a relaxed light lunch.

**1.00** - After preparing your ingredients you will have plenty of hands-on cooking time to prepare your dishes under the supportive eye of the Three Sisters. We will teach you the skills to create mouth watering Indian dishes and accompaniments. What's more, you will be able to recreate these dishes in the comfort of your own home, using nothing more than the facilities and equipment in your own kitchen.

**4.00** - The grand finale will be the production of the best Indian takeaway - one proudly created by yourself! And there's more - as a special gift from us - you will be given a Three Sisters Tiffin box.

The cost for the day is £160. Each course will be presented by an original chef from the Three Sisters trio. All ingredients are provided. We recommend that you wear comfortable clothing and sensible footwear. There will be an intimate group of up to 12 people and the minimum age is 14. The programme is based in Hampshire and is easily accessible from London. (*Lodge Farm, North Warnborough, Hook, Hampshire, RG29 1HA*)

**To book, please email us with your name and telephone number and a member of our team will contact you.**

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